



International Conference on Football and Science organized by the Belgian FA
(spoken language is English)

The Future Project in different Football Associations Relative Age Effect and Biological Maturity in Football

*Wednesday 17 April 2019 (13.00 – 21.00)
Belgian Football Center (Rue de Bruxelles 486, 1480 Tubize)*



Program

- 12.30 Registration with coffee and soft drinks
- 13.00 **Introduction and the Future Project of the Belgian FA**
Bob Browaey, Senior Manager Youth Development Belgian FA
- 13.15 **The Be Gold Project of the Belgian FA**
David Penneman, Coordinator Future Project Be Gold Belgian FA
- 13.30 **Individualized mental coaching for late mature players**
Maenhout & Perquy, Mental coaches in Elite Football
- 13.45 **Testing movement and physical potential of a Be Gold future player**
Prof. Matthieu Lenoir, University of Gent - Department of Movement and Sports Sciences.
- 14.00 **The Future Project of the Czech FA**
- 15.00 **Game 1 U16F: Sweden - Denmark**
- 17.00 **Doubly (dis)advantaged? The Relative Age and Late Maturity Effect in Elite Youth Football**
Prof. Werner Helsen, University of Leuven - Sport scientist and training expert UEFA
- 17.15 **Indicators of Biological Maturation**
Dr. Pascal Wernaers, Belgian FA
- 17.30 **The Future Project of the Swedish FA**
- 17.45 **The Future Project of the Danish FA**
- 18.00 Pause with coffee, soft drinks and sandwiches
- 19.00 **Game 2 U16F: Belgium - Czech Republic**
- 20.45 **Conclusion**
Bob Browaey, Senior Manager Youth Development Belgian FA
- 21.00 Networking

Registration only by <https://www.coacheducation.be>.

Your registration is only valid after the transfer of € 50 on the account IBAN BE86310026603550, Avenue Houba de Strooper 145, 1020 Brussels, mentioning "CFP 2019 + name and first name".

Only registered people will be allowed to participate at the Conference.

Attending this Conference provides 4 UEFA-license points.